

# Aligning Your Senses

Island destinations do not only offer exotic encounter and excitement. Ultimately the ideal attraction would be some sort of isolation and serenity. Alila Villa Soori offers this secluded serenity with luxurious world-class facilities in Tabanan, Bali. A treatment at the Spa Alila is an experience that elevates beyond beauty as it touches the soul and aligns your senses with relaxation while you surrender to a state of complete calmness.

STORY BY Dewald Haynes PHOTO BY Alila Doc.



reflexology treatments. For the more active they have Yoga and Pilates specialists offering a very unique and specialized integrated wellness experience.

Guests can expect deep relaxation during a mental and physical escape that is sure to set them holiday-ready. As a popular wedding venue the resort also has special wedding packages available for the bride and groom. A spa escape has long been a unisex experience where both men and women find refuge. The style of service offers seamless pre and

post treatment services with no fuss and hassle of registration or feedback forms, and most importantly they provide a trained therapists who can understand your needs for relief of aches and pains. At Spa Alila it is all about listening to the guests and adapting the treatment to suit and soothe the issue.

Spa Alila has also developed their own branded product range with a wide variety of sublime fragrances and ingredients. From body butters to massage creams

**ALIGNING YOUR SENSES**  
CLOCKWISE FROM LEFT

— A flower bath set against a tiled patterned Balinese inspired designed wall

— The decor sets the tone for zen enlightenment

— Special couples or bride and groom pampering packages are on offer

— The treatment rooms cater especially for a couples session to enjoy in unison



**Project Data**

**Project Name**

Spa Alila at Alila Villas Soori

**Location**

Banjar Dukuh Desa Kelating, Kerambitan, Tabanan,

**Floor Area**

570 sqm (Spa, Gym & Yoga classroom, Spa boutique)

**Client/Owner**

Alila Hotels and Resorts / Owner: PT. Bhavana Andalan Klating

**Interior Design**

Consultant, Interior Contractor, Lighting Consultant

SCDA Architects Pte. Ltd

**Started**

Feb 2009

**Completed**

Dec 2009

**THE DESIGN OF THE SPA RESORT ALILA VILLAS SOORI TAKES FULL ADVANTAGE OF ITS SCENIC BLACK SAND BEACH SETTING.**

The Spa is conveniently located almost in the center of the resort and is easily accessible, yet once you step inside you feel as if you have entered another level of enlightenment. Alila Villas Soori's Spa setting on the wild and untouched west coast of Bali provides a perfect location to reflect and bring mind and body into perfect harmony.

The solid, simplistic and cubic structure of Spa Alila has established itself as a world-class destination spa recognized for its striking theatrical design and unique features. Alila Villas Soori's signature treatment rooms offer a true holistic spa experience, with a comprehensive range of treatments available. The spa features a dry room for consultations; a wet room with heated terrazzo massage tables and Vichy showers plus a changing area with private steam room and whirlpool. They offer luxurious bathing rituals, salon services, wide variety of local and international facial options and an in-depth collection of nurturing massage therapies. Skilled therapists are always on hand to ease away strains through



and lip balms the lotions and potions are all natural and organic. In fact making use of the natural volcanic black beach sand found at the location as exfoliation for your skin during a Vichy shower treatment will leave you refreshed and smooth as silk to the touch. Products may also be purchased to enjoy at home once you leave the comforts of the resort.

It is slightly ironic that of all the treatments available at the spa the 'Balinese Massage' remains the most popular. Although a massage can have the same effect whether experienced on the beach under a coconut tree or surrounded by million dollar walls. The real mental and physical escape may be found in the abilities of the therapist and not necessarily always in the surroundings. The dreamlike and soothing visual spa environment is after all blinded while your eyes are shut most of the time during a massage. It is your senses that are awakened at the end of the treatment when you open your eyes and find the surrounding environment again to experience a total emotional escape. The right sight, smell and sound presented at Spa Alila holistically transcend the senses to another dimension, aligned by the most basic human need of "touch" to create calmness. <sup>10</sup>