

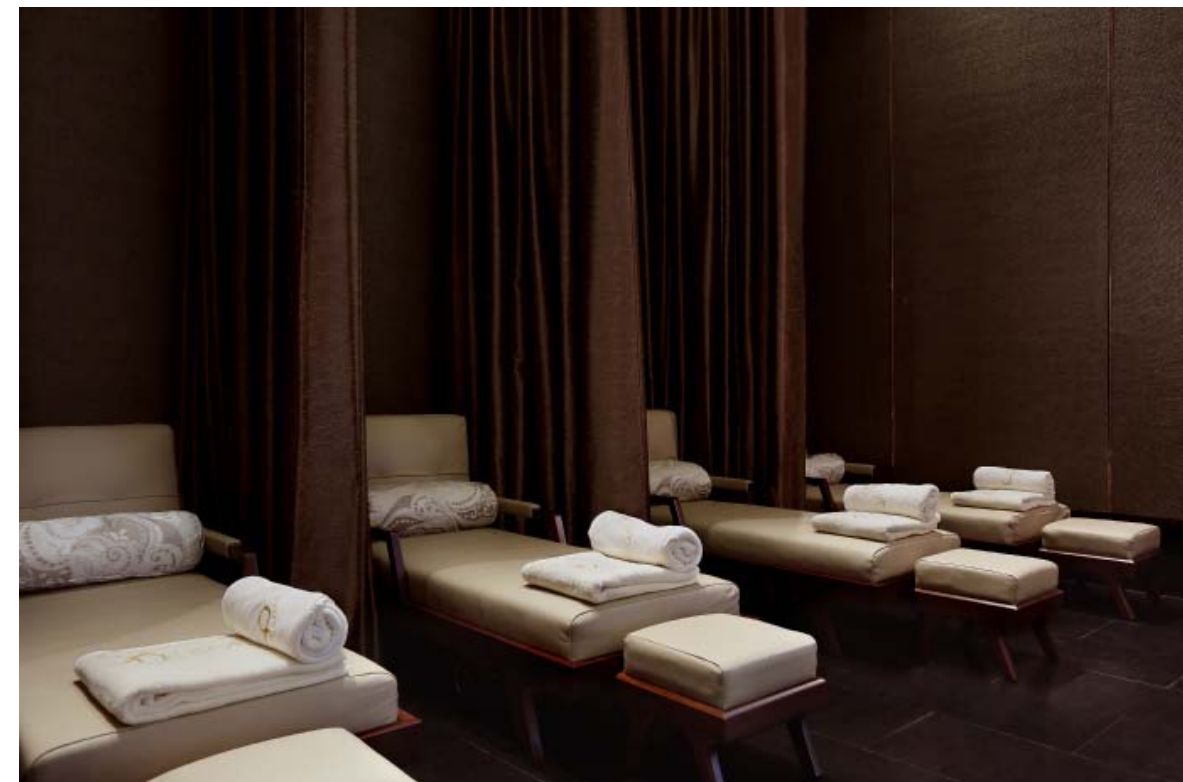
A Treasured Temple of Pampering

Various Spa and Beauty treatments have been developed by many cultures and through many ages, with countless rituals and therapies having their unique celebrated origins - albeit Turkish Baths, Thai Massages or local or local Indonesian Jamu that aims to stimulate longevity and rejuvenate the mind, body and soul. The development of these treatments might have been inspired by science, spirituality or at times even just a myth, yet a collection of them have found a strong following with modern travelers. Paying homage to the history of lavish pampering the new So SPA at Sofitel Bali Nusa Dua Beach Resort has brought together shared spa knowledge from around the world right here in Bali.



Project Data

Project Name
So Spa
Location
Ground floor at Sofitel Bali Nusa Dua Beach Resort BTDC Nusa Dua, Bali
Client/Owner
Sofitel Bali Nusa Dua Beach Resort
Interior Contractor
PT. Pedima
Lighting Consultant
LITAC Consultant
Started
November 2013
Completed
March 2014



A TREASURED TEMPLE OF PAMPERING

CLOCKWISE FROM LEFT
— The reflexology treatment area can be privatized by closing a curtain
— Couches in the waiting open area is both comfortable and stylish
— Clarins Professional Aromatic Treatments awaits at So SPA
— The rattan embraced treatment rooms with Indonesian designed hanging mural is simply stunning

SOFITEL BALI NUSA DUA BEACH RESORT HOSTS SO SPA ON ITS GROUND FLOOR, NEXT TO THE RESORT'S GYM, IN A SPACIOUS YET INTIMATE DESIGNED INTERIOR.

The impression made by the double volume interior throughout the entire spa, including the treatment rooms, creates a temple like environment where well-being can be worshiped. So SPA is the ideal place for business travelers looking to unwind or leisure travelers searching for a place to relax and pamper themselves over the weekend. The resort is set in an oasis of serenity and tropical vegetation with gentle ocean breezes calming the soul.

As you enter the spa for your consultation, Jamu is offered as refreshment. The layout of the treatment rooms are also ideal for comfort as the changing rooms are adjoined yet completely separated from the treatment room. Once you are ready you simply step inside to meet your therapist and experience your selected treatment. Prior to any treatment your feet will be washed for you before you are rested upon



a heated treatment bed, with the final preparation being your therapist playing a Tibetan singing bowl to clear all your chakras. The treatment room has a curved rattan structure that embraces the treatment area, making you feel as if you are in a warm comforting embrace at all times. As added cleansing ingredient each treatment room is named after a specific crystal, and this crystal is also present in each room to ensure that the crystal's specific healing qualities are transported directly to you.



Through their spa products ancient traditions from around the world meet the refinement and skill of French luxury cosmetics. Clarins Professional Aromatic Treatments provide a suitable alchemy between the active principles of plants with a specific 100% manual expert application method that has been created to deliver a genuine sensorial experience with instant and effective beautifying results.

So SPA offers a range of face and body rituals in five treatment rooms. Signature rituals include So Exhilarating Massage, a euphoric and soothing body massage, and So Rejuvenating Facial, a refreshing and tasteful facial care using honey and cucumber combined with French techniques. Guests can also specify their own preference from So SPA, tailor-made by So SPA Concierge.

At Sofitel Bali Nusa Dua Beach Resort you can succumb to a blissful massages by the beach, Bale or in the comfort of your room. A visit to the So SPA should however not be missed as the delicate fragrances, entrancing music, and enchanting decor will complete the experience by attending to all of your senses. A renewal through the gentleness of the aromatic flower bath and the bliss of a perfect massage will turn your body into a temple in which your mind and spirit can enjoy harmony as attained by age old remedies. ☺